

Update the norms for authors Actualización de las normas para autores

Editorial Comité

Universidad de Ciencias Médicas de Las Tunas. Facultad de Ciencias Médicas “Dr. Zoilo E. Marinello Vidaurreta”. Las Tunas.

EsTuSalud magazine is a student scientific magazine, published by the University of Medical Sciences of Las Tunas and sponsored by the University Student Federation, the Provincial Center of Information of Medical Sciences of Las Tunas and the University. It publishes articles with the purpose of satisfying the need to socialize scientific information on all aspects related to Health Sciences, always from the point of view of the students.

The journal responds to the MINSAP indications regarding the need to disseminate the scientific results of the different medical universities in the country and, based on this, its main objective is established: to disseminate nationally and internationally the scientific results of undergraduate students of the different biomedical careers of the University of Medical Sciences.

Each of the issues is published in an electronic version on the journal's website: www.revestusalud.sld.cu, which is managed through the Open Journal System (OJS) platform. Authors can publish editorials, letters to the editor, original articles, short communications, historical articles, review articles, and case presentations.

EsTuSalud only accepts manuscripts that have not been previously published nor are being valued for possible publication by another journal. If an article is totally or partially published on the web pages of an event, congress or a PrePrint server, it must be reported to the editorial staff. In case of being accepted by the Editorial Committee, EsTuSalud assumes the editorial rights over

them; Furthermore, it does not contain, nor does it accept advertising materials, nor is it responsible for the opinions or criteria of the authors.

Papers are selected and reviewed by external reviewers and a scientific committee through double-blind peer review arbitration. Manuscripts and their authors receive adequate ethical treatment in the editorial process and rejections are reported to the authors.

Authorship concept

According to the recommendations for the preparation, reporting, editing and publication of academic papers in medical journals, published by the International Committee of Medical Journal Editors (www.icmje.org), an «Author» is one who complies with all the following conditions:

1. Substantial contributions to the conception or design of scientific work research; or the acquisition, analysis and interpretation of the data.
2. Write / prepare the final report or critically review its content.
3. Approval of the final version of the report that will be published.
4. Be responsible for all aspects of the job to ensure that questions regarding the accuracy of integrity of any part of the job are properly investigated and resolved.

Similarly, and by recommendations of the Editorial de Ciencias Médicas (ECIMED), the authors must declare in each article their contribution according to the CRedi taxonomy

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(Taxonomy of contributor roles). This taxonomy includes 14 roles, which can be used to represent the tasks that contributors typically perform in scientific academic production. It must be consulted at <https://casrai.org/credit/>.

Those authors who have publications with this journal must accept the following terms: the authors will retain their copyright and guarantee the journal the right of first publication of their work, which will be simultaneously subject to the Recognition License of Creative Commons (CC-BY-NC 4.0), which allows third parties to share the work, provided that its author and its first publication in this magazine are indicated.

Authors may adopt other non-exclusive license agreements for the distribution of the version of the published work (eg: deposit it in an institutional telematic archive or publish it in a monographic volume), provided that the initial publication is indicated in this magazine.

Authors are allowed and recommended to disseminate their work through the Internet (eg: in institutional telematic files or on their website) before and during the submission process, which can lead to interesting exchanges and increase citations of the published work (see the effect of open access).

As EsTuSalud follows the policies of the SciELO network, once the articles are accepted to enter the editorial process (review), the authors are asked to deposit them in SciELO Preprints, being updated by the authors at the conclusion of the review process and layout tests.

Privacy statement

The names and email addresses, entered in this magazine, will be used exclusively for the purposes stated by this magazine and will not be available for any other purpose or other person.

ORCID identifier

The Open Researcher and Contributor ID (ORCID) is a unique identifier, composed of 16 digits, which aims to provide researchers with an unambiguous author code, clearly distinguishing their scientific production and avoiding confusion related to scientific authorship and existence of matching or similar names; therefore its use has become a mandatory requirement for scientific publications and communications.

ORCID also provides a place to record jobs and other data, which can be shared and linked with other identification systems such as (ResearcherID, ScopusID, Publons, among others). If your ORCID has not yet been created, you can do so at the following link: <https://orcid.org/>.

Ethical principles

The papers sent must have been prepared in compliance with international recommendations on clinical research with humans and laboratory animals (Declaration of Helsinki of the World Medical Association). In addition, they must have been approved by the Ethics Committee and the Scientific Council of the institution. The signing authors accept the responsibility defined by the International Committee of Medical Journal Editors (www.icmje.org). The articles and opinions published in the journal are the sole responsibility of the authors and do not necessarily reflect those of the institution or its editorial committee.

Any ethical violation, related to the document or the process, will be resolved using the protocols established by the International Committee of Ethics in Scientific Publication (COPE) (<https://publicationethics.org/resources/guidelines>), as well as the established in the ethical principles set out on the journal's website.

Plagiarism detection policy

The editors of the journal carry out the plagiarism detection process through the URKUND system, before being accepted or rejected from the editorial process. In addition, editors will use it before starting the process of editing and proofreading the articles and will check the bibliographic references for possible plagiarism. If the percentage of similarity between texts is greater than 20%, it could be plagiarism, in this case they will contact the authors of the work to clarify the circumstances or assess its rejection.

If a previous version of an article has been published previously, this must be expressly indicated in the notes. The new version must have substantial news and be motivated for its recovery. The journal will reject articles that are plagiarized, informing the authors and their institutions; as well as establishing regulations for authors about publishing in the journal.

Open Access Policies

This magazine DOES NOT APPLY CHARGES FOR PROCESSING OR PUBLICATION OF ARTICLES. This magazine does not offer subscription. It complies with the declaration of open access to information and its texts are available on its website, Publication Frequency.

The magazine has a quarterly release and closing of its issues (January-April, May-August, September-December). Their numbers begin on the first day of the starting month and end on the last day of the month that the period ends.

Table 1. Summary of the general rules that manuscripts submitted to the EsTuSalud journal must comply with

| Type of articles | Characteristics of the articles | | | | | |
|-----------------------|---|---------|------------------------|---------------------|--------------------------|------------------|
| | Title (characters) | Authors | Abstract | Extension (words) * | Bibliographic references | Figures + tables |
| Editorial | They are requested by the editorial committee | | | | | |
| Editorial note | | | | | | |
| Especial article | | | | | | |
| Letter to edithor | 160 | 2 | No | 1 500 | 6 | 2 |
| Original article*** | | 6** | Structured (250 words) | 4 500 | of 15 to 20 | 6 |
| Communication Brief | | 4 | | 2 500 | until 15 | 3 |
| Review article | | 3 | | 5 000 | of 23 to 30 | 5 |
| Case Presentation *** | | 4 | | 2 500 | of 13 to 15 | 4 |

* Not counting the front page, abstract, tables, and references.

** Articles may contain a greater number of authors, provided that their contributions are substantial and well justified.

*** Original articles and case presentation must have a tutor.

General instructions

All manuscripts must necessarily conform to publication standards, otherwise they may be rejected without undergoing peer review.

The journal's website (www.revestusalud.sld.cu) must include the metadata of each of the authors, as well as those referring to the article:

Full name (s): Eduardo Adiel and not Eduardo A.

Surnames united by a pleca: Landrove-Escalona

Individual mail.

Institution.

Country.

Conflict of interests.

Title and abstract in the original language of the submission

Although a maximum number of words is established for each type of article, the editorial team will be flexible with the length of the manuscripts, depending on their quality and scientific impact.

The format will be as follows:

Sheet type: letter (21.59x27.94 centimeters).

Margins: all 2.5 centimeter margins.

Typeface: Trebuchet MS.

Font size: 11 points.

Line spacing: 1 point.

Alignment: justified.

Paragraph spacing: none.

Our instructions are based on the recommendations contained in the uniformity requirements for preparing manuscripts sent to biomedical journals, of the International Committee of Medical Journal Editors. In addition, it uses the Vancouver style.

First page

Title in Spanish and English (up to 160 characters, including spaces, do not put the word "Title", do not use quotation marks or put an end point).

Full names and surnames of all the authors, one below the other, ordered according to their participation.

Next to each name, the ORCID identifier will be placed as a mandatory element (www.orcid.org).

Institutional affiliations of each author (NOT POSITIONS OR DEGREES OF STUDY AND / OR SCIENTIFIC), following the scheme:

College. Faculty / Hospital / Polyclinic / other institution. City Country.

Example: University of Medical Sciences of Las Tunas. Faculty of Medical Sciences "Dr. Zoilo Enrique Marinello Vidaurreta".

Type of article (editorial; editorial note; letter to the editor; original article; review article; brief communication; historical article; case presentation).

Each of the sections of the manuscript must be properly headed (SHARP CAPITAL LETTER AND BOLD), but no page breaks or separate page should be used, except for tables (see table 1). Italics will only be used for words or phrases in other languages. Subsections will be marked in bold.

Our instructions are based on the recommendations contained in the uniformity requirements for preparing manuscripts sent to biomedical journals, of the International Committee of Medical Journal Editors. In addition, the Vancouver style is used.

Abstract

Abstracts (except case presentations) must be structured in Introduction-Objective-Method-Results-Conclusions. The case presentations will be structured in: Introduction-Case presentation-Conclusions. They should not

present abbreviations or references. Only the summary in Spanish is necessary.

Keywords

Separated by semicolons (;) and each word must be capitalized. They must be concrete and representative of the semantic content of the document, both in the main and secondary contents. They should contain between 3 and 6 key words or phrases. It is recommended to use the DeCs thesaurus. (Descriptors in Health Sciences).

Bibliographic references

The Vancouver Standards will be used for bibliographic references, with the use of the Numerical system style in order of appearance, using Arabic numbers, in superscript, without parentheses and before the punctuation mark. Abstracts are not accepted as references, neither are unpublished observations nor texts that cannot be made available to the reader.

Citations of published documents will be accepted and with more than 75% update (last five years of the study) of the total referred, where 50% is from the last three years. The bibliography will be sent as normal text, without using codes from bibliographic management programs.

The bibliographic references consulted on-line must contain the URL, dates of publication and consultation access, which allows to facilitate the editors, first, and the readers at the time, to be able to access the referred article.

Medical Journal: Authors. Article title. Magazine. Year; Volume: Pages. Up to six authors, they all get; if there are more than six, the first six will be included and the Latin particle "et al" will be added. Example:

Moreno-Martínez S, Aladro-Miranda IF, Ibarrollín Hernández RS, Vega-Fleites LF, Nodarse-Valdivia JR, Lara-Pérez NR, et al. Circumflex angioplasty in a patient with type IV double anterior descending artery. Proposal to update the Spindola-Franco classification. Arch Cardiol Mex. 2012; 82: 297-302.

Medical Journal in electronic format: Dorantes Sánchez M, Bazán Milián M. Anthracycline-induced cardiotoxicity. Univ Méd Pinareña [Internet]. 2020 [cited 05/01/2020]; 16 (2): e425. Available at: <http://www.revgaleno.sld.cu/index.php/ump/article/view/e488>

Book chapter: Authors of the chapter. Chapter title. In: Editors. Title of the book. Edition. City: Publisher, Year; Pages. Example:

Valencia Serrano FM, Moreno Martínez FL. Pressure guide in intermediate lesions of the left main coronary artery and tandem coronary lesions. In: Gómez Menchero AE, Sánchez González C, eds. Intracoronary Diagnostic Techniques Manual. Madrid: Ergon; 2014. p. 89-97.

Book: Cite specific pages, if applicable. Example:

Calvo DM, Cires M, Cruz MA, Delgado I, Freijoso E, Pérez J, et al. National drug formulary. City of Havana: Editorial Ciencias Médicas, 2003; p. 293-6, 302, 325.

Boards

They must be prepared in Web Table 1 format. They will be listed in order of appearance (Table 1,2,3...). A representative title of the content must be placed. Rows containing titles must be in bold. If the value in a cell is 0, the value itself must be used. At the end of the table, the source of the data will be presented, as well as the necessary abbreviations. Tables in figure format are not accepted. After the table there must be its presentation. The maximum limit is 5 for original articles and 3 for other articles.

Figures

They include graphics, drawings, photos and images obtained directly from diagnostic imaging equipment. They must be unpublished, otherwise they must have the corresponding reproduction permission and clearly state the original source.

They will be ordered with Arabic numerals according to their order of appearance in the text. Graphic elements, symbols, letters, etc., must be of sufficient size to be clearly identified when reduced (manual markings will not be accepted, except for excellent works). Special details are indicated by arrows, asterisks and arrow heads, using the maximum contrast to the figure.

Section Policies

Editorial

Scientific editorials: they suppose a rigorous update or an interesting clarification on a certain subject.

Opinion editorials: collect points of view or socio-scientific positions of the scientific

community on a certain topic of common interest to researchers and health professionals. They are requested by the editorial committee. If an author wishes to propose one, they must contact the Editorial Committee. It can only be signed by an author, who is recommended to send a photo, which can be published together with the publisher.

Editorial note

The editorial notes are articles, technical reports and other information of interest regarding the operation, changes and progress of EsTuSalud magazine. They are prepared by the director or a designated editor, to update readers and authors. It can be written on behalf of the editorial team, or by one or more of its members (maximum 3). You can have up to 15 references.

Letter to the editor

Letter to the director constitutes a brief comment in agreement or disagreement, mainly the latter, with aspects contained in published works and that may be related to concepts, methodologies, interpretations, results, or other aspects on those already published in EsTuSalud in the last eight weeks .

They can be motivated by matters that are binding on the mission of the journal for the development of public health, provided that the letters allow the exchange of ideas and opinions between authors and readers of the journal, this activity being as interesting as the original article that triggered the exchange of correspondence.

They must be dynamic and offer the journal added value, by allowing the scientific community to publish a brief result of a research, present the results of an original article, not yet published or an original article that promotes reanalysis of data already available and its explanation. later in letter format, or develop opinions, ideas and hypotheses that are shown to the scientific community and health professionals.

The title must be informative and concessions not accepted are allowed in other articles. They can be striking, questioning, exclamatory, or through the use of wordplay. It must begin with an explicit and clear reference to the fact that motivates it, be it the article that appeared in the magazine or another cause, and from there an outline expositivo y en forma progresiva. Los párrafos siguientes deben ser la argumentación

a favor o en contra; o comentarios adicionales respecto al motivo de la carta.

Original article

It will include the following order: front page, abstract [in the original language of the article] and keywords, introduction that ends with the objective, method, results, discussion, conclusions (which may be included as a final paragraph of the discussion), bibliographic references, figures and tables. Perform OBSERVATIONAL studies per the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) statement. Systematic review articles, or those containing meta-analyses, should be developed using the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement format. For health economic evaluations use the CHEERS guidelines, and for clinical trials use the CONSORT guidelines.

Introduction

Be brief and provide only the explanation necessary for the reader to understand the text that follows. Address the antecedents, as well as epidemiological, incidence or prevalence data. It should not contain tables or figures. You must end your writing with a last paragraph, in which the objective of the work is clearly stated.

Methods

Identify the classification of the type of study proposed. The universe and the sample clearly and the manner of selection of the subjects (observed or who participated in the experiments: patients or laboratory animals, including controls). Mention the methods used, in case of using devices, reagents or measuring equipment (name and address of the manufacturer in parentheses and its calibration or quality control standard), so that what you are measuring or weighing is valid, and the procedures with Sufficient detail for other researchers to reproduce the results.

Please provide references to accredited methods, including statistical ones, only when it is a method not widely known to readers and briefly explain methods already published but not well known; describe the new or substantially modified methods, stating the reasons why they were used and evaluating its limitations. Identify exactly the drugs and chemicals used, without forgetting generic names, doses and routes of administration. It is unnecessary to express in the text if it was processed in Word

or that the tables and graphs were made in Excel or another tabulator, it is not necessary to write that tables and graphs were used for better understanding.

When reporting on experiments on humans, laboratory animals or others, indicate whether the procedures followed were in accordance with the ethical standards of the committee (institutional or regional) that supervises experimentation on humans or with the Declaration of Helsinki. State the approval by any Ethics Committee and Scientific Council.

Results

In some works, a large number of results are obtained, which forces the author to select the most important ones according to their objectives. The first way to present them is the text. Tables, graphs and illustrations will be used as an alternative to express the results, following a logical sequence and not beyond those necessary, they must go at the end of the document. Avoid repetitions in the text of the data in tables, tables, or the illustrations that the reader has at his disposal, highlight or summarize briefly and clearly only the most important observations without reading to the reader. It is spoken in the past, using the impersonal (a predominance of was found). The explanation of the tables will only contain the data of greater weight and relevance, where at the end of the explanation table or figure XX will be placed, which represents the table or figure explained.

Discussion

The author will discuss the results of the research in logical order to its objective, with emphasis on the new and important aspects of the study and the conclusions that are derived from them. The data or other information already presented in the Introduction and Results sections should not be repeated in detail. The relationships between each result and the facts that are exposed must be shown. They put forward their own opinions on the subject.

The meaning of the results and their limitations, including their consequences for future research, are explained in the discussion. Observations are related to those of other relevant studies, making use of up-to-date citations. The conclusions should be established with the objectives of the study, but refrain from making general statements and

draw conclusions that are not fully supported by the data.

This section includes the conclusions that will be summarized on the particularity of the work, which should be inferred in the discussion. Conclusions are presented as part of the discussion, usually at the end, which are only presented as a section in the abstract at the beginning of the article.

Thanks

They are not essential. It may be specified, among other reasons, the collaborations that need to be recognized, but that do not justify the condition of authorship, such as general support from the head of the department, recognition for the technical assistance received.

Brief communication

Brief communications are not very long scientific articles, with the aim of making known to the scientific community a hypothesis, or partial results of an investigation; They include Summary, Introduction, Objective, Method, explaining the essential elements for the development of the work, Results, if it has them, a Discussion that should not be very extensive, expressing its essential elements, Conclusions and Bibliographic References

Special article

It will be a short article, revealing new aspects related to the medical scientific field, in which the readers and authors of the magazine are positioned. If it includes a bibliography, it must present the characteristics described in the original articles.

Review article

This type of article offers a critical evaluation of the published works, in it the current state of a particular topic is compiled, analyzed and synthesized. The purpose of the review, sources and methods of searching for references should be indicated.

The article must include: Title, Abstract, Introduction, Methods, Development, Conclusions and Bibliographic References. Optionally, the work may include tables and figures. Review articles should be prepared with the most up-to-date bibliography possible on the topic being addressed and its access on networks.

The introduction should be comprehensive. The Methods section will include the methods used, the bases data and search strategies; as well as

the criteria used for the selection of the cited articles. It does not require results, but it should expand the discussion, as a secondary article that it is.

The review article, although sometimes it usually contains new data, aims to examine the existing previously published bibliography and place it in a certain perspective, offering a critical evaluation of the object of study and should arrive at important conclusions for the reader, based on the analyzed works. It must place science according to the authors' considerations, always from an ethical point of view.

Case presentation

They are articles that describe one or more clinical cases (up to 10) of exceptional observation, or novel aspect of a previously known disease or syndrome, which represents a contribution of special interest to the knowledge of the subject or the process described today worldwide. Before writing a report or case presentation, the international literature should be checked for publication value. Brevity will be the fundamental characteristic of this type of article. Its structure includes: Summary-Introduction-Presentation of the case-Discussion and Bibliographic References. All articles referred to this section must comply with the provisions of the CARE guidelines.

Abstract book

It will be allowed to publish summaries of works presented in different scientific events of national and international scope. The abstracts must have a structured format, according to the section to which they belong.

All abstracts must have the full names of the authors, institution and email of each one. If possible, the ORCID of the authors should be disclosed. The works whose abstracts are published in these books and, especially, if they were awarded, will be prioritized in the editorial process.

Editorial process

To publish in the journal, the main author and co-authors must be registered. The manuscript, within ten (10) days from its entry into the system, its ACCEPTANCE or REJECTION to the editorial process must be defined. Exceptionally, there will be up to twenty (20) additional days, depending on its complexity, for expert consultations.

Once ACCEPTED, there is 90 days for the editorial process, which may be suspended in case of non-response by the author / co-authors to the comments of the arbitration or communications from the editors within a period of 30 days.

The extension of the term may be cause for rejection, mainly due to the loss of validity of the selected topic, its relevance or the timeliness of its appointments.

The possibility of being accepted an article proposal depends on two main aspects: the adequate scientific level of the information it offers, and a correct structure of the writing according to the presentation, scientific style; that is, the substance (what is said) and the form (how it is said) and the bioethical aspects, which will define its quality for the expected final decision.

Peer review

The EsTuSalud journal follows the policy of peer review of scientific articles sent by the authors, which comply with the publication standards. In all cases, this review process protects both the authors and the experts who review the manuscripts, maintaining special care with established ethical standards and avoiding conflicts of interest.

The process will be carried out by external reviewers to the journal editors, and will be in charge of specialists in the corresponding topics.

The editorial staff of the journal will keep the authors informed of the works received and their subsequent acceptance or not in order to continue in the process, and they will be able to find out when they are in it.

The manuscripts will be reviewed anonymously by two experts in the object of study and / or methodology used. The editorial staff of the journal reserves the right to reject articles that it does not deem appropriate for publication.

In all cases, the editorial committee will consider the value of the works proposed for the development of the National Health System, regardless of the national or foreign origin of the authors, or whether they belong to one or another organization.

Checklist for preparing shipments

As part of the submission process, authors are required to check that their submission meets all the elements shown below. Submissions

that do not meet these guidelines will be returned to the authors:

The submitted manuscript implies that it is original and that it has not been previously published, nor is it being evaluated for publication in another journal, and it complies with the EsTuSalud publication standards for the different sections.

The manuscript is written in a file in Microsoft Word format, placing the tables, graphs and figures within the text in the place that corresponds to the results section.

The text has line spacing 1; the font size is 11 points; Bookman Old Style type. Annotations should be made in superscript, between parentheses and before the punctuation marks.

If you have illustrations or photographs, make sure they are in different files in GIF or JPEG format. In that case, the illustrations or photographs will be incorporated as separate files, as established by the delivery system.

The article complies with the bibliographic and style requirements indicated in the rules for authors, which can be found in "About" of the journal.

The number of bibliographic references does not exceed those declared in the standards

75% of the bibliographic references are from the last 5 years, except for articles of a historical nature.

The bibliographic references cited in the text must be issued by reliable and scientific sources such as: prestigious organizations recognized by national or international organizations; national or international scientific journals that allow the data of the articles to be consulted through the internet, either in databases or directly on the site of the scientific journal itself; or books and other documents that offer elements that identify authors or publishers responsible for the content used. If the manuscript is original, the main author declares that this article constitutes an output from a research project, approved by a Scientific Research Ethics Committee and by the Scientific Council of the responsible entity.

For all the works that are sent, the main author is responsible for the contents and declares that there are no plagiarisms, conflicts of interest, or ethical conflicts; freeing the EsTuSalud magazine of any commitment. The article contains the ORCID id of each author,

the contribution of authorship and funding, as well as the database if required.